
Central Carolina Skating Classic

22nd Annual Competition

May 15th, 2021



Hosted by
Central Carolina Skating Club, Inc.

Sanctioned by:



Sanction Number: 29981

Chief Referee: Malin Zandelin
Chief Accountant: Jennifer Lyon

The 22nd annual Central Carolina Skating Classic will be conducted in accordance with the rules and regulations of Compete USA and U.S. Figure Skating, as set forth in the current rulebook, as well as any pertinent updates that have been posted on the organization's website.

This competition is open to all eligible, restricted, reinstated or readmitted persons as defined by the Eligibility Rules, and who are currently registered member of Compete USA, a U.S. Figure Skating member club, a collegiate club or who is an individual member in accordance with the current rulebook. Please refer to the current rulebook for non-U.S. Citizens.

COMPETE USA ELIGIBILITY/TEST LEVEL:

This in-person competition is open to all skaters who are members of either the Learn to Skate USA Program and/or are full members of U.S. Figure Skating. To be eligible, skaters must be a member in good standing.

All Snowplow Sam and Basic Skills skaters through Basic 8 must skate at the highest level passed or one level higher and no official U.S. Figure Skating tests may have been passed, including Moves in the Field or individual dances.

Eligibility for Pre-Free Skate, Free Skate 1-6, and Adult levels will be based only upon highest free skate test level passed. Moves in the Field test level will not determine skater's competitive level. Skaters may skate at highest level passed OR one level higher, but not both levels in the same event during the same competition. Skaters may not compete at more than one level in the same type event at the same competition.

The 6.0 Majority Judging System will be used for:

- All Compete USA events
- Excel Free Skate events: Beginner and High Beginner
- Introductory Free Skate events below No-Test and Adult Pre-Bronze
- All Compulsory Moves and Specialty events
- All Showcase events (Compete USA levels only)

ELIGIBILITY/TEST LEVEL:

Test level: Competition level is the highest free skate test passed as of the entry deadline, in the discipline the skater is entering. Entrants may skate one level above that for which they qualify, but they may not skate down in any event.

Skaters will be divided as closely as possible by age, should the number of entries warrant more than one group. Showcase events will be divided by age and free skate test level as indicated on the skater's EntryEeze Profile.

CRITIQUES: There will no critiques offered for this competition.

ENTRY FEES & REGISTRATION: Method of entries will be online via EntryEeze, which can be accessed through the Club's website at www.centralcarolinasc.com or by directly visiting the event page at <http://comp.entryeeze.com/Home.aspx?cid=373>. Entry deadline will be 11:59pm, Sunday, April 26, 2021. Entry fees will be paid online through the EntryEeze portal. Late entries may be accepted at the discretion of the Competition Committee and will require a late fee of \$30.

1st event: \$70*, all additional events: \$40

*Entry fee for first event includes one digital video of skater's program; additional digital videos will be available to purchase from vendor.

Please review your choice of events closely. Any change of event due to your error will result in a \$25 fee per each event changed.

REFUND POLICY: Entry fees will not be refunded after entry deadline unless no competition exists or the event is cancelled. There will be no refunds for medical withdrawals. The online processing fees are not refundable. Checks returned for non-sufficient funds and contested credit card charges will be issued a \$30 fee. Payment of the fee will be required before the skater is allowed to participate in practice ice or events. Notification of competition and practice ice times will be available by e-mail through EntryEeze.

EVENTS OFFERED: Please see the [Compete USA Rulebook](#) for current rules and requirements for Compete USA events.

SCHEDULE: Competitors may be scheduled on any day or time for the announced dates of the competition. The competition and practice ice schedule for in-person events will be available after the close of entries. Once available, all participants will be notified of competition and practice ice times via email and then through the EntryEeze competition portal.

FACILITIES: This competition will be held at the Orange County Sportsplex (OCSP), 101 Meadowlands Drive, Hillsborough, NC 27278, (919) 644-0339. The OCSP is located off I-85 at Exit 165 or off I-40. The ice rink is 85' x 200' with rounded corners and hockey barrier. The OCSP has a snack bar and does not allow any external food or drink to be brought inside. Locker rooms are not expected to be available.

MUSIC: The official competition music must be uploaded in MP3 format via the EntryEeze portal by the music upload deadline provided in the EntryEeze portal. In addition to submitting music online, all competitors must also have at least one (1) clean and tested backup copy of their competition music on CD, at rinkside, during the actual competition event segment. Any music CD used for this competition may be picked up at the registration table following each event. Every reasonable care will be taken, but the Central Carolina Skating Club and the Orange County Sportsplex cannot be responsible for CDs left at the end of the competition.

LIABILITY: U.S. Figure Skating, Central Carolina Skating Club, and the Orange County SportsPlex accept no responsibility for injury or damage sustained by any participant in this competition. This is in accordance with Rule 1600 of the official U.S. Figure Skating Rulebook.

Required Waivers: Online liability and performance video photo waivers must be accepted and signed by a parent/guardian or by the adult skater during online registration. Additional printed/signed waivers for COVID liability may also be required.

U.S. Figure Skating Waivers are a requirement for ALL athletes. The online waivers must be completed via [Members Only](#) prior to the competition. See instructions [here](#).

COVID-19 Health and Safety Procedures:

Out of concern for the health and safety of our entire skating community, Central Carolina Skating Club has enacted health and safety measures for the Central Carolina Skating Classic competition that will allow us to offer this in-person event in the safest way possible for our officials, volunteers, skaters, coaches and facility staff. We will follow local and state guidelines at the time of the competition. See competition website for current information: <http://centralcarolinasc.com/2021-competitions.html>

Face Coverings: All persons entering the Orange County Sportsplex are required to properly wear masks over their nose and mouth, and secured under their chin, while inside the facility. Skaters must wear a mask during practice ice and warm ups, but may remove the mask when on the ice alone during a skating event. The mask must be put back on before leaving the ice, however. Spectators, coaches, officials, and volunteers must wear a mask at all times. Anyone not properly wearing a mask as described above may be asked to leave the premises.

Social distancing: The CDC recommends that a distance of 6 feet be maintained at all times to minimize crossover and contamination. Groups will follow the predefined pathway, escorted by a volunteer. Separate pathways will be established within the venue to further protect our officials, staff and volunteers.

Skaters: Skaters are requested to arrive at the facility prior to the scheduled time of their practice and/or event. A schedule of events will be shared prior to the competition with staging times for each small group of skaters. Skaters may not enter the facility before the designated entry time and must leave the facility following their event. Skaters in multiple events may have to exit the facility between events.

Parents/Spectators: We understand that many skaters require adult assistance with costume changes, tying of skates, transportation and assembly of props, and other tasks throughout a competition. However, in an effort to limit the number of people in the facility at any given time, as well as to limit the potential for large gatherings within the facility, we can allow only one adult spectator to accompany each skater into the facility.

Coach Arrival and Departure: Coaches must abide by their skaters' designated schedules, and depart the building after their skater *Announcement as of 4/18/2021*

has competed. Coaches with multiple skaters competing in different events may have to leave the building until the next designated entry time.

REGISTRATION: Registration will open one to two hours before the first event on Saturday, May 15th and run through the last event of the day. The registration table will be located at the entrance to the Orange County Sportsplex. Please register promptly upon arrival.

LOCKER ROOMS AND CHANGING AREAS: Locker Rooms and changing areas are not expected to be available for the competition. Come prepared to skate before entering the facility. Any changes to this policy will be posted on EntryEeze.

PRACTICE ICE: Practice ice can be purchased in advance via EntryEeze at the time of submitting your entry. The advanced purchased practice ice selection period will be made available after the event schedule is posted, at least two weeks before the event date, and communicated to all entrants when available.

- Advanced purchase of practice ice will be at a cost of \$20 per 20-minute session.
- Any remaining practice ice space will be available for purchase online via EntryEeze after the advanced purchased practice ice selection period is over as well as at the event at a cost of \$22 per 20-minute session.
- No refunds will be given for practice ice and sessions will not be transferable to another skater.

Please check in at the registration table will be located in the lobby of the Orange County SportsPlex promptly upon arrival at the scheduled time.

PHOTOGRAPHY/VIDEOGRAPHY: Looking Glass Productions will provide official videography services. Photography services will be provided by Danielle Woods Photography. Note, [per U.S. Figure Skating policy](#), photographing and/or recording of anyone other than your own skater is strictly prohibited. Please refer to the Basic Ice Usage and Skater Etiquette Information document found in the Club Resource section of Member's Only.

MERCHANDISE: There will be no onsite vendors selling merchandise.

AWARDS: Medals will be awarded to the 1ST - 6th place skaters in each Compete USA event group. All events are considered completed after the initial round. No final rounds will be held.

At this time, awards ceremonies are not planned, but the awards podium will be available outside the facility for photographs.

RESULTS: All results will be published on the Central Carolina Skating Club's website following the conclusion of the competition.

OFFICIAL NOTICES: The competition website will be updated online with all updates and information. It is the responsibility of each competitor, parent and coach to check the webpage frequently for schedule changes and/or additional information.

TEST CREDIT: There will be no test credit opportunities for this competition.

IMPORTANT NOTICE FOR ALL COACHES:

To be a credentialed coach at a sanctioned non-qualifying competition, coaches must meet the following requirements:

Coaches of U.S. Figure Skating athletes:

- Current member in good standing with U.S. Figure Skating
- Completed background check (green light status)
- Completed SafeSport Training*
- Continuing Education Requirements (CERs) for the 2019-20 Competition Season
- Proof of current general liability insurance with limits of \$1 million per occurrence/\$5 million aggregate.

Coaches of Compete USA athletes:

- Learn to Skate USA Instructor membership OR U.S. Figure Skating full membership
- Completed SafeSport Training* (for coaches 18 years old and over)
- Completed background check (green light status) (for coaches 18 years old and over)
- Learn to Skate USA Instructor Certification completed (for coaches under 18 years old)

*SafeSport training is available through <http://www.usfsaonline.org> for full members of U.S. Figure Skating (through Learn to Skate USA portal for instructors). There is no cost to this training and certification is valid for 2 seasons.

All coaches are verified through the U.S. Figure Skating database who are approved to receive a credential at the competition. Coaches will need to check in at the event registration desk and show a government issued photo I.D. to receive a credential.

If a coach cannot provide a photo I.D. and is not on the list or cannot produce the necessary documents, he or she will not be allowed a credential. There can be no exceptions to this policy.

For more information regarding Coach Compliance, please visit the [Coaches Requirements Chart](#).

VOLUNTEER COMPLIANCE:

Compliant positions at all U.S. Figure Skating sanctioned events include key LOC members, locker room monitors and ALL medical event personnel. To be considered compliant, an approved volunteer serving in one of these positions must:

- ✓ submit information for, proper payment of \$30 and successfully pass a background check. *
- o The background check will be valid for two seasons, the one in which it was completed plus one additional.
- ✓ Must complete annual SafeSport Training.
- o The training will be valid for 365 days from date of completion and there is no cost for the training/certification. *

* Accessible via U.S. Figure Skating Members Only website:

www.usfsaonline.org → Person Icon or Account → Member Profile → Compliance

CONTACT INFO: If you have questions, please contact the Local Organizing Committee Chair (LOC), Laura Grieme-Meinecke, at isk8nyc@yahoo.com and you will receive an e-mail reply.

EVENTS OFFERED: Please see the [Compete USA Rulebook](#) for current rules and requirements.

HOCKEY 1-4 ELEMENTS



The following elements have been chosen for the skaters to perform. Each skater will perform all the required elements as directed by a judge or referee.

- To be skated on 1/3 to 1/2 ice
- **All elements must be skated in the order listed**
- Time: 1:00 or less

Hockey 1 <ul style="list-style-type: none">• Proper basic hockey stance, forward and backward• March forward across the ice, 8-10 steps• Two-foot glides and dips from forward marching• Forward swizzles/double C-cuts (4-6 in a row)• Stationary snowplow stop	Hockey 3 <ul style="list-style-type: none">• Forward C-cuts (half-swizzle pumps) on a circle, both directions• Forward outside edges on half-circles, alternating feet on the axis• Forward inside edges on half-circles, alternating feet on the axis• Backward C-cuts on a circle, both directions• Backward snowplow stops: one- and two-foot V-stop
Hockey 2 <ul style="list-style-type: none">• Forward strides using 45-degree V-push, focus on good recovery and alternating arm drive• Forward C-cuts: single leg and alternating feet in a straight line• Backward hustle or march, then glide on two feet• Backward swizzles/double C-cuts (4-6)• Two-foot moving snowplow stop	Hockey 4 <ul style="list-style-type: none">• Quick starts using forward V-start• Backward one-foot glide, right and left• Forward crossovers on a circle, clockwise and counterclockwise• Backward crossovers on a circle, clockwise and counterclockwise• Hockey stops (to right and left, with speed)

SNOWPLOW SAM – BASIC 6 PROGRAM WITH MUSIC

Format: The skating order of the required elements is optional. The elements are not restricted as to the number of times the element is executed or length of glides, number of revolutions, etc., unless otherwise specified.

- To be skated on full ice with music
- The skater may use elements from a previous level
- A 0.2 deduction will be taken for each element performed from a higher level. Bonus skills from the same level or below are allowed but will not be judged elements
- Divide Snowplow Sam skaters by level (1-4), if registrations warrant

Level	Time	Skating rules/standards
Snowplow Sam	1:10 max	<ul style="list-style-type: none"> • March followed by a two-foot glide and dip • Forward swizzles, 2-3 in a row • Forward snowplow stop • Backward wiggles, 2-6 in a row
Basic 1	1:10 max	<ul style="list-style-type: none"> • Forward two-foot glide and dip • Forward swizzles, 6-8 in a row • Beginning snowplow stop on one or two feet • Backward wiggles, 6-8 in a row
Basic 2	1:10 max	<ul style="list-style-type: none"> • Forward one-foot glide (no variations), either foot • Scooter pushes, right and left foot, 2-3 each foot • Moving snowplow stop • Two-foot turn in place, forward to backward • Backward swizzles, 6-8 in a row
Basic 3	1:10 max	<ul style="list-style-type: none"> • Beginning forward stroking showing correct use of blade • Forward half-swizzle pumps on a circle, either clockwise or counterclockwise, 4-6 consecutive • Forward slalom • Moving forward to backward two-foot turn on a circle • Beginning backward one-foot glide, either foot
Basic 4	1:10 max	<ul style="list-style-type: none"> • Forward outside edge on a circle, clockwise or counterclockwise • Forward crossovers, clockwise and counterclockwise, 4-6 consecutive • Backward half-swizzle pumps on a circle, either clockwise or counterclockwise, 4-6 consecutive • Backward one-foot glides (no variations), right and left • Beginning two-foot spin, maximum 4 revolutions
Basic 5	1:10 max	<ul style="list-style-type: none"> • Backward outside edge on a circle, clockwise or counterclockwise • Backward crossovers, clockwise and counterclockwise, 4-6 consecutive • Forward outside three-turn, right and left • Advanced two-foot spin, minimum 4 revolutions • Hockey stop
Basic 6	1:10 max	<ul style="list-style-type: none"> • Forward inside three-turn, right and left • Mohawk, right to left and left to right • Bunny hop • Basic forward spiral on a straight line (no variations), right or left • Beginning one-foot spin, maximum 3 revolutions, optional free leg and entry position • T-stop, right or left

PRE-FREE SKATE – FREE SKATE 1-6 PROGRAM WITH MUSIC

Format: The skating order of the required elements is optional. The elements are not restricted as to the number of times an element is executed, length of glides, number of revolutions, etc., unless otherwise stated. Connecting steps and transitions should be demonstrated throughout the program.

- To be skated on full ice
- The skater must demonstrate the required elements and may use but is not required to use any additional elements from previous levels
- **Bonus skills from the same level or below are allowed but will not be judged elements**
- A 0.2 deduction will be taken for each element performed from a higher level

Level	Time	Skating rules/standards
Pre-Free Skate	1:40 max	<ul style="list-style-type: none"> • Two forward crossovers into a forward inside mohawk, step down and cross behind, step into one backward crossover and step to a forward inside edge, one set each direction clockwise and counterclockwise • One-foot upright spin, optional entry and free, foot position, minimum 3 revolutions • Mazurka, right or left • Waltz jump • <i>NOT ALLOWED – Waltz jump-side toe hop-waltz jump</i>
Free Skate 1	1:40 max	<ul style="list-style-type: none"> • Forward stroking, 4-6 consecutive powerful strokes • One-foot upright spin, entry from backward crossovers, with free foot in crossed leg position (scratch spin), minimum 4 revolutions • Toe loop jump • Half flip jump • <i>NOT ALLOWED – Waltz jump-toe loop jump combination</i>
Free Skate 2	1:40 max	<ul style="list-style-type: none"> • Alternating forward outside spiral (right and left) and forward inside spiral (right and left) on a continuous axis • Beginning back spin, optional entry and free foot position, maximum 2 revolutions • Half Lutz • Salchow jump • <i>NOT ALLOWED – Waltz jump-toe loop or Salchow-toe loop jump combination</i>
Free Skate 3	1:40 max	<ul style="list-style-type: none"> • Alternating mohawk/crossover sequence, right to left and left to right • Advanced back spin with free foot in crossed leg position, minimum 3 revolutions • Loop jump • Waltz jump-toe loop or Salchow-toe loop jump combination • <i>NOT ALLOWED – Waltz-loop jump combination</i>
Free Skate 4	1:40 max	<ul style="list-style-type: none"> • Forward power 3s, 2-3 consecutive sets, right or left • Sit spin, minimum 3 revolutions • Half loop jump • Flip jump • <i>NOT ALLOWED – Waltz-loop or Waltz-Euler-Salchow jump combination</i>
Free Skate 5	1:40 max	<ul style="list-style-type: none"> • Backward outside three-turn, mohawk (backward power three-turn), 2-3 sets both directions • Camel spin, minimum 3 revolutions • Waltz-loop jump combination- • Lutz jump
Free Skate 6	1:40 max	<ul style="list-style-type: none"> • Creative step sequence using a variety of three turns, mohawks and toe steps, half-ice • Camel-sit spin combination spin, minimum of 4 revolutions total • Waltz jump-Euler (half loop)-Salchow jump combination • Axel jump; minimum requirement is a clear attempt either stationary or moving

ADULT 1-6 FREE SKATE WITH MUSIC

General event parameters:

- The skating order of the required elements is optional
- The elements are not restricted to the number of times element is executed, or length of glides, number of revolutions, etc. unless otherwise stated; connecting moves and steps should be demonstrated throughout the program
- To be skated on full ice
- Skater must demonstrate the required elements and may use, but is not required to use, any additional elements from previous (lower) levels
- A 0.2 deduction will be taken for each required element missing and for those elements performed from a higher level

Adult 1	1:40 Max	<ul style="list-style-type: none"> • Forward marching • Forward two-foot glide • Forward swizzle (4-6 in a row) • Forward snowplow stop, one or two feet
Adult 2	1:40 Max	<ul style="list-style-type: none"> • Forward skating across the width of the ice • Forward one-foot glides • Forward slalom • Backward wiggles • Backward swizzles, 4-6 in a row
Adult 3	1:40 Max	<ul style="list-style-type: none"> • Forward stroking with proper blade use • Forward half-swizzle pumps on the circle, 6 to 8 in a row, clockwise and counterclockwise • Backward skating to a long two-foot glide • Forward chasses on a circle, clockwise and counterclockwise • Backward snowplow stop, right and left
Adult 4	1:40 Max	<ul style="list-style-type: none"> • Forward outside edge on a circle, right and left • Forward inside edge on a circle, right and left • Forward crossovers, clockwise and counterclockwise • Backward one-foot glides, right and left • Hockey stop, both directions
Adult 5	1:40 Max	<ul style="list-style-type: none"> • Backward outside edge on a circle, right and left • Backward inside edge on a circle, right and left • Backward crossovers, clockwise and counterclockwise • Forward outside three-turn, right and left • Beginning two-foot spin
Adult 6	1:40 Max	<ul style="list-style-type: none"> • Forward stroking with crossover end patterns • Backward stroking with crossover end patterns • Forward inside three-turn, right and left • T-stop • Lunge • Two-foot spin into one-foot spin (min. 2 revs. on one foot)

EXCEL BEGINNER / HIGH BEGINNER FREE SKATE WITH MUSIC

General event parameters:

- Skaters may not enter both a well-balanced free skate event and an excel free skate event at the same competition
- Skaters will skate to the music of their choice
- Level will be determined by the highest free skate test passed; skaters may compete at the highest level they have passed or skate up to one level higher

<p>Excel Beginner</p> <p>1:40 Max</p> <p>Learn to Skate USA membership OR full U.S. Figure Skating membership required</p>	<p>Maximum 4 jump elements: Jumps with no more than one-half rotation (front to back or back to front) Single rotation jumps: Salchow, toe loop only Eulers (half loops) are not allowed Maximum 2 jump combinations or sequences One 3-jump combination is allowed</p> <ul style="list-style-type: none"> • Jump sequence is any listed jump immediately followed by a waltz jump <p>Maximum 2 of any same jump</p>	<p>Maximum 2 spins: Two upright spins No change of foot No flying entry</p> <p>Minimum 3 revolutions</p> <p>Max Level: Base</p>	<p>Maximum 1 Sequence: Choreographic step sequence* (ChSt) Must use one-half of the ice surface Moves in the field and spiral sequences are allowed but will not be counted as elements Jumps may be included in the step sequence</p>
<p>Excel High Beginner</p> <p>1:40 Max</p> <p>Learn to Skate USA membership OR full U.S. Figure Skating membership required</p>	<p>Maximum 5 jump elements: Jumps with no more than one-half rotation (front to back or back to front) Single rotation jumps: toe loop, Salchow, Euler (half loop), loop Flip, Lutz, and Axel NOT permitted Maximum 2 jump combinations or sequences. One 3-jump combination is allowed</p> <ul style="list-style-type: none"> • Jump sequence is any listed jump immediately followed by a waltz jump <p>Maximum 2 of any same jump</p>	<p>Maximum 2 spins: Both spins must be in a single position No change of foot No flying entry Permitted forward spins: upright, sit, camel Permitted back spins: upright</p> <p>Minimum 3 revolutions Max Level: Base</p> <p>Both spins may be of the same character</p>	<p>Maximum 1 Sequence: Choreographic step sequence* (ChSt) Must use one-half of the ice surface Moves in the field and spiral sequences are allowed but will not be counted as elements Jumps may be included in the step sequence</p>

ADULT BEGINNER / HIGH BEGINNER FREE SKATE WITH MUSIC

General event parameters:

- Skaters will skate to the music of their choice; vocal music is allowed
- To be skated on full ice
- The minimum number of required spin revolutions is indicated in parentheses following the spin description; revolutions must be in position.

Level	Jumps	Spins	Step Sequences	Qualifications
Adult Beginner 1:40 Maximum	Max 4 Jump Elements <ul style="list-style-type: none"> • Jumps limited to bunny hop, mazurka, ballet and waltz jump • Max 1 combination or sequence consisting of only the allowed listed jumps • Max 2 of any same jump 	Max 2 Spins <ul style="list-style-type: none"> • Two forward upright spins, no change of foot, no flying entry (min. 3 revolutions) 	Connecting moves and steps should be demonstrated throughout the program	Skaters may not have passed tests higher than Learn to Skate USA Free Skate 1
Adult High Beginner 1:40 Maximum	Max 4 Jump Elements: <ul style="list-style-type: none"> • Jumps limited to bunny hop, mazurka, ballet, stag, split, waltz, half flip, half Lutz, half loop, toe loop, Salchow • Max 1 combination or sequence consisting of only the allowed listed jumps • Max 2 of any same jump 	Max 2 Spins: <ul style="list-style-type: none"> • Two upright spins, change of foot optional, no flying entry (min. 3 revolutions) 	Connecting moves and steps should be demonstrated throughout the program	Skaters may not have passed any U.S. Figure Skating free skate tests

COMPETE USA SHOWCASE EVENTS

Showcase events are open to skaters in the Basic, Free Skate, Beginner and Limited Beginner levels. Groups will be divided by number of entries and ages if possible. Skaters must enter at the same level as their free skate event or highest test level of skater's in the group ensemble or production number. If a free skate event is not being entered, skaters must enter at their current test level or one level higher.

Show costumes are permitted if they do not touch or drag on the ice. Costuming and make up for showcase programs should enhance the feeling created by the performance and reflect the meaning of the story or theme. Ornaments and hair accessories must be secure. No bobby pins, feathers, hair accessories or anything else that may fall to the ice and be hazardous to the skaters are allowed. (a 0.1 deduction will be taken). Props and scenery must be placed and removed by unaided singles and duet competitors within one minute on and off and by unaided ensemble contestants within two minutes for setup and two minutes for removal. A 0.1 deduction will be assessed by the referee against each judge's mark for every 10 seconds in excess of the time allowed for the performance, for handling props and scenery and for scenery assistance.

Performances will be judged from an entertainment standpoint for theatrical qualities. Technical skating skills and difficulty will not be rewarded as such; however, skating must be the major element of the performance and be of sufficient quality to support the selected theatrical elements. Unintended falls, poorly executed skating elements and obvious loss of control will reduce contestant's marks. Jump difficulty is not rewarded in showcase; therefore jumps, if choreographed, should be performed with style, flow and confidence. Theatrical elements evaluated will include energy, poise, acting, pantomime, eye contact, choreography, form/extension and the use of props and ice. The 6.0 judging system will be used. Deductions will be made for skaters including technical elements not permitted in the event description. Levels can be subdivided or combined, if necessary, depending on entry numbers and event set up to ensure performances are contested as per the guidelines.

COMPETE USA SHOWCASE CATEGORIES:

- **Dramatic entertainment:** *Programs should express intense emotional connection and investment in the music, choreography and theme concept through related skating movements, gestures and physical actions. The entire gamut of emotions may be expressed including intense joy and/or introspectiveness. Dramatic programs should not be depressing. Even if the emotion is sadness, there should be an enlivened feeling given to the audience.*
- **Light entertainment:** *Programs should express a carefree concept or storyline designed to uplift and entertain the audience through related skating movements, gestures and physical actions.*

LEVEL	ELEMENTS	QUALIFICATIONS	PROGRAM LENGTH
BASIC 1-6	Elements only from Basic 1-6 curriculum	Must not have passed any higher than Basic 6 level	Time: 1:00 max
PRE-FREE SKATE – FREE SKATE 6 / BEGINNER / HIGH BEGINNER	3 jump maximum. Half-rotation jumps only, plus the following full rotation jumps: Salchow and toe loop	May not have passed any official U.S. Figure Skating free skate or free dance tests	Time: 1:30 max
ADULT 1-6 / ADULT BEGINNER / ADULT HIGH BEGINNER	3 jump maximum. Half-rotation jumps only, plus the following full rotation jumps: Salchow and toe loop	May not have passed any official U.S. Figure Skating free skate or free dance tests	Time: 1:30 max
NO TEST	No prescribed or restricted elements.	Must not have passed pre-preliminary free skate or any free dance tests	Time: 1:30 max
PRE-PRELIMINARY	No prescribed or restricted elements.	Must have passed no higher than U.S. Figure Skating pre-preliminary or any free dance test	Time: 1:30 max
ADULT PRE-BRONZE	No prescribed or restricted elements.	Must have passed no higher than Adult Pre–Bronze free skate test; see National Showcase guidelines for more specific information regarding adults.	Time: 1:40 max
PRELIMINARY/ADULT BRONZE	No prescribed or restricted elements.	Must have passed no higher than U.S. Figure Skating preliminary free skate or Adult Bronze free skate or free dance test; see National Showcase guidelines for more specific information regarding adults	Time: 1:40 max