



2023 Central Carolina Skating Classic

(Offering Well-Balanced, Excel, Showcase and Compete USA events)

May 19-21, 2023

Hosted by the Central Carolina Skating Club

Orange County Sportsplex, Hillsborough, North Carolina

US Figure Skating Sanction # 32261 / Compete USA Sanction # 32262

Register On EMS by April 15, 2023 (No Paper Registrations)

www.centralcarolinasc.com/2023-competitions

I. COMPETITION OVERVIEW

The 2023 Central Carolina Skating Classic will be conducted in accordance with the rules and regulations of U.S. Figure Skating, as set forth in the [current rulebook](#), and/or current Compete USA [handbook](#) as well as any pertinent updates that have been posted on the U.S. Figure Skating [website](#).

This competition is open to all eligible, restricted, reinstated or readmitted persons as defined by the Eligibility Rules.

Skaters must be a currently registered member of a U.S. Figure Skating member club, Learn to Skate USA member, a collegiate club or who is an individual member in accordance with the current rulebook. For non-U.S. citizens, please refer to the [rulebook](#) for more information.

COVID-19 INFORMATION:

For the most recent U.S. Figure Skating COVID-19 policy requirements, [CLICK HERE](#). The LOC will share updates on the COVID-19 protocol if changes in public health conditions require modification of our COVID-19 policies prior to the competition.

All individuals who enter the Orange County Sportsplex to participate in the Central Carolina Skating Classic, as a competitor, coach, chaperone, spectator, official or volunteer, agree as a condition of entry to adhere to the COVID-19 Code of Conduct in place at the time of the competition. Thank you for your cooperation and we look forward to providing a fun, safe experience for all.

EXCEL SERIES INFORMATION: The Central Carolina Skating Classic is an official, designated competition in the 2022-2023 Excel Series. Skaters wishing to participate in the Excel series must register directly with USFS prior to the deadline. Skaters who do not register for the Excel series are also allowed to compete in Excel events at this competition, but will not be eligible to earn points/rankings.

[Excel Series Registration](#) | [Excel Series Information](#)

EVENTS OFFERED:

[Click HERE to view the program requirements for the current season.](#)

SINGLES	JUDGING	1st Event Price	2nd Event Price
Excel Free Skate	IJS	\$135	\$80
Excel Beginner & High Beginner Free Skate	6.0	\$60	\$30
Well Balanced Short Program	IJS	\$135	\$80
Well Balanced Free Skate	IJS	\$135	\$80
Adult Free Skate (Adult Pre-Bronze – Master Jr/Sr)	IJS	\$135	\$80
Adult Beginner & High Beginner Free Skate	6.0	\$60	\$30
SHOWCASE	JUDGING	1st Event Price	2nd Event Price
Emotional Performance (No Test – Senior, Adult)	CJS	\$100	\$70
Choreographic Artistry (No Test - Senior, Adult)	CJS	\$100	\$70
Lyrical Pop (No Test - Senior, Adult)	CJS	\$100	\$70
Character Performance (No Test - Senior, Adult)	CJS	\$100	\$70
Comedic Impressions (No Test - Senior, Adult)	CJS	\$100	\$70
Duets/Trios (No Test – Senior, Adult)	CJS	\$100	\$70
COMPETE USA EVENTS	JUDGING	1st Event Price	2nd Event Price
Snowplow Sam-Basic 6 Program w/ Music	6.0	\$60	\$30
Pre-Free Skate – Free Skate 1-6 Program w/ Music	6.0	\$60	\$30
Adult 1-6 Program w/ Music	6.0	\$60	\$30
Compete USA – Showcase	6.0	\$60	\$30

II. ELIGIBILITY

TEST LEVEL:

As of December 1, 2022, singles athletes may opt to accelerate their test progression within U.S. Figure Skating and thus compete at level(s) best suited for their technical skillset. Athletes must still meet the minimum requirements for each level and additionally, if participating within the National Qualifying Series (NQS) or National Excel Series (Excel), they will establish a competitive floor (i.e., the lowest level they can compete at).

The competitive floor is determined only by the level selected through the EMS Series Application for NQS or Excel and is not uniquely tied to competition registration (regardless of series participation).

Example, if an athlete passed their junior free skate test in November and competed in the 2022-23 NQS as a Novice from July - September, they may register for either novice or junior in excel or well-balanced events. The novice level will remain their competitive floor until they complete an EMS Series Application at the junior level or higher for NQS or Excel.

Example #2, if an athlete passed their juvenile free skate but has not competed in NQS or Excel (i.e., they have not established a competitive floor), they have the option to compete pre-preliminary – intermediate (if skate up is permitted). While the options are wide, U.S. Figure Skating entrusts the coach to guide the athlete to select the appropriate level for the athlete based on their technical skillset.

Eligibility Notes:

1. The singles free skate test levels will remain as a minimum requirement to compete.
2. Athletes may not skate down in any event.
3. This update does NOT apply to Adult, Showcase and Solo Dance.

If an athlete, coach, parent and/or guardian needs assistance with confirming their eligibility, email events@usfigureskating.org or refer to information sheet [HERE](#).

Competition level is the highest test passed as of the entry deadline in the discipline the skater is entering. At this competition, skating up is permitted. Note: Athletes may not skate down in any event.

NOTE: Skaters may not enter an Excel and Well-Balanced free skate events at the same competition.

Exception - Juvenile/Open Juvenile skaters wishing to skate a short program may skate a Juvenile/Open Juvenile Free Skate and an Intermediate Short Program.

Age restrictions/requirements: Singles free skate events (well-balanced program) have the following requirements:

- Juvenile: Girls – 12 years or younger; Boys – 13 years or younger Open Juvenile: Girls – 13 years or older; Boys – 14 years or older Intermediate must be under the age of 18
- Adults must be 21 years or older
- Skaters entering pre-juvenile and lower events will be divided as closely as possible by age should the number of entries warrant more than one group.
- All age classes may be divided or combined depending on the number of entries and at the discretion of the chief referee and/or the competition committee.

SKATESAFE COMPLIANCE:

For full details about SkateSafe compliance at U.S. Figure Skating competitions, refer to the U.S. Figure Skating SkateSafe webpage: www.usfigureskating.org/skatesafe.

COACHES: To be an eligible coach at a nonqualifying competition, coaches must meet the applicable compliance requirements and verified by U.S. Figure Skating. Coach compliance falls into three categories, Coach/Choreographer, Learn to Skate USA Instructor, or Foreign Coach/Choreographer. Details regarding compliance requirements can be found [HERE](#). All compliance requirements must be met at the time of check-in to access the competition, no exceptions.

With EMS, coaches must be included within a skater/team's registration or updated through their EMS Skater Portal via "[My Coaches](#)." All coaches declared at the time of registration will be included on the registration confirmation email.

Note: There is no registration approval process within EMS as the data (membership and test level) is tied to the U.S. Figure Skating database. Non-compliant coaches will receive automated email reminders through the start of the competition.

EMS Coach Resources (not SYS or TOI):

- [My Competitions](#)
- [My Skaters](#)
- [Coach Schedule](#)

III. REGISTRATION INFORMATION

ONLINE REGISTRATION VIA EMS

Online registrations will be accepted via [EMS](#). Payment must be made at the time of registration by credit card only. Each transaction includes a 3% transaction fee. Please be sure that your membership is current before starting the registration process. Membership applications and renewals can take several days to become effective.

Registration Deadline: Saturday, 04/15/2023 at 11:59 pm ET

Late Registration Deadline: Friday, 04/21/2023 at 11:59 pm ET + \$40 Late Fee

1. Go to www.usfsaonline.org
2. Enter your U.S. Figure Skating or if Compete USA events are offered, your Learn to Skate USA member number and password
 - a. If you need assistance with your member number and password, contact Member Services at memberservices@usfigureskating.org.
3. Click EMS then "Competition Registration"
4. Choose "2023 Central Carolina Skating Classic" from the list of nonqualifying competitions.
 - a. If you need assistance completing your registration, contact productsupport@usfigureskating.org.

PARTNERED EVENTS: Only one partner will complete registration for the team, duet or trio. During the registration process, you will be asked to identify your partner(s) and verify their test information. **The registered partner will be responsible for managing all aspects of the competition for the team including music/PPC upload, practice ice sales, etc.**

REFUND POLICY

Entry fees will not be refunded after **April 15, 2022 at 11:59 PM ET** unless no competition exists or the event is canceled. There will be no refunds for medical withdrawals (injuries, COVID-19, flu, sickness etc.). The online processing fees are not refundable. Checks returned for non-sufficient funds and contested credit card charges will be issued a \$35.00 fee. Payment of the fee will be required before the skater is allowed to participate in practice ice or events during this, or future, competitions.

Notification of competition and practice times will be available on EMS.

TEST CREDIT:

Skaters that meet the requirements for test credit should pre-purchase during registration through EMS. Test Credit Forms must be requested prior to the last IJS event of the competition. All test credit packets will require a \$10.00 fee. Requirements are listed for each discipline on the [Technical Notifications](#). Please review the requirements and the [IJS Protocol for Test Credit](#) document to confirm eligibility.

Test Credit Packets will be sent via email on/before May 25th, 2023.

MUSIC SUBMISSION/UPLOAD:

Competitors participating in events with music are required to upload their music to EMS no later than **Saturday, May 6, 2023 11:59pm ET**. After this date, skaters will be locked out of this feature and subject to a **\$40 late fee**. The late fee will automatically be added to each skater's cart who doesn't meet this requirement by the deadline. Late fees will not be removed under any circumstances and must be paid prior to receiving the skater credential onsite.

DEADLINE: Saturday, May 6, 2023 11:59pm ET. Late fee: \$40

EMS SKATER MUSIC UPLOAD HOW TO: [CLICK HERE](#)

If you need assistance, email productsupport@usfigureskating.org

Competitors must have available a backup copy of their competition music on a cell phone, immediately available rinkside whenever the skater competes. If the phone does not have the standard round headset connector, an appropriate adapter, such as an Apple Lightning connector or Samsung USB-C adapter is required to be attached. The phone should be presented to the music person with the file ready to play, phone in airplane mode and volume turned to maximum.

PLANNED PROGRAM CONTENT (PPC) SUBMISSION/UPLOAD – FOR IJS EVENTS ONLY:

Competitors participating in IJS events are required to submit PPC in EMS no later than **Saturday, May 6, 2023 11:59pm ET**. After this date, skaters will be locked out of this feature in EMS and subject to a **\$40 late fee**. The late fee will automatically be added to each skater's cart who doesn't meet this requirement by the deadline. Late fees will not be removed under any circumstances and must be paid prior to receiving the skater credential onsite.

DEADLINE: Saturday, May 6, 2023 11:59pm ET. Late fee: \$40

EMS PPC UPLOAD HOW TO: [CLICK HERE](#)

If you need assistance, email productsupport@usfigureskating.org

LIABILITY: U.S. Figure Skating, Learn to Skate USA, Central Carolina Skating Club and Orange County Sportsplex accept no responsibility for injury or damage sustained by any participant in this competition. This is in accordance with Rule 1600 of the official U.S. Figure Skating Rulebook.

IV. COMPETITION DETAILS

FACILITIES: The competition will be held at Orange County Sportsplex, 101 Meadowlands Dr, Hillsborough, NC 27278, 919-644-0339, <http://www.oc-sportsplex.com>. Facility includes one NHL ice surface (NHL 200' x 85'), locker rooms and on-site snack bar. Hotels, fuel, food and shopping are nearby in the towns of Hillsborough, Chapel Hill/Carrboro, Durham, and Mebane.

Map: <https://goo.gl/maps/WM5oVdVPEN8eA8FV9>

LOCKER ROOMS AND CHANGING AREAS: Locker rooms and changing areas at U.S. Figure Skating competitive events are for athletes only, will be labeled with regard to specific use and where identified will be gender specific. An exception can be made for athletes under 11 years old that will allow for one parent of the same sex to assist their child immediately prior to and after their skating event(s). Please review the Locker Room and Changing Area Policy and the SkateSafe Handbook (both found on the [U.S. Figure Skating SkateSafe](#) page).

U.S. FIGURE SKATING TRAVEL POLICY: All travel must strictly adhere to Two-Deep Leadership requirements. An Adult Participant cannot transport a Minor Athlete one-on-one and Two-Deep Leadership requirements must be adhered to at all times during In-Program travel, by transporting at least two minors or a second Adult Participant. An Adult Participant cannot share a hotel room or other sleeping arrangement with a Minor Athlete(s). Full details of the SkateSafe Travel Policy and any exceptions can be found starting on page 12 of the [SkateSafe Handbook](#).

OFFICIAL WEBSITE & UPDATES: An official bulletin board will be maintained on the CCSC website, www.centralcarolinasc.com/2023-competitions. It is the responsibility of each competitor, parent and coach to check the bulletin board frequently for any schedule changes and/or additional information. Skaters should arrive no later than one hour prior to the scheduled time of their event as the competition may run up to 45 minutes early due to last-minute withdrawals and scratches.

SCHEDULE: Competitors may be scheduled on any day or time during the announced dates of the competition. The competition and practice ice schedule will be available after the close of entries. All participants will be notified via email once the schedule is available.

STARTING ORDER / RESULTS: All Starting Orders / Results will be posted online will be updated as events are finalized. The link will be shared on the CCSC website prior to the start of the competition and QR codes will be posted near the registration desk and on skater's credentials for quick access.

PRACTICE ICE: Practice ice will be available for purchase via EMS. Additional practice ice information will be available on the competition website, EMS, and emails.

Individual practice ice sessions will be available for all competitors to pre-purchase when registering online via EMS. The cost will be \$15/20-minute session. A maximum of one practice ice session may be pre-purchased per skater per eligible event. There are no refunds for prepaid sessions, even if not used. No music is played on practice ice.

The practice ice selection window and open sales dates will be emailed out to all registered skaters once the event schedule has been finalized.

EMS (SKATER) PRACTICE ICE RESOURCES: [Pre-Purchase](#) | [Selection](#) | [Open Sales](#)

Refunds will not be given for unused practice ice sessions.

ONSITE CHECK-IN: The volunteer-staffed registration table will be located in the lobby of the Sportsplex, opening one hour prior to the first event on each day of the competition. Skaters must also check in with the rinkside ice monitor 10-15 minutes prior to practice sessions and events. Note that events may run up to 30 minutes earlier than the planned schedule, so be aware of the actual event times that day.

AWARDS: Medals will be awarded for first, second, third and fourth place finishers in each group in each regular event; no medals will be awarded for exhibitions. Compete USA events will be limited to six skaters in a group, if possible, and all will receive awards. All events are considered completed after the initial round. No final rounds will be held.

Medals can be picked up (shortly after the final results have been posted on-line) at the awards table in the Sportsplex lobby. Awards podiums and backdrop will be available for photographs. Please – no skates on the wooden podiums.

VOLUNTEER INFO: This competition requires almost 600 hours to organize and complete, all of which are provided by volunteers. There are many different roles and tasks that you can perform to help make this event a success and ensure that we can continue to provide these opportunities for skaters. Most tasks do not require [SkateSafe Compliance](#), but please let us know if you are SkateSafe Compliant and we will identify the roles that require that certification.

CCSC members earn membership renewal discounts for hospitality and volunteering! Please contact us if you can help out before, during or after the event.

COMPETITION PHOTOGRAPHY:

Danielle Woods Photography, LLC will be providing photography for this competition. She will photograph all skaters entered in this competition. No pre-purchases or registrations are needed. Photos will be available for purchase after the event. You will receive an email the Thursday after the event is over with a link to the online photo gallery. This will be sent to the email you used to register for this event. You will be able to shop online and all print and product purchases will be shipped to your house.

To find out more about your photographer, visit <https://www.daniellewoodsphotography.com>

COMPETITION VIDEOGRAPHY:

As a gift to our competitors, all skaters will be able to download a video of their Central Carolina Skating Classic events ***FREE OF CHARGE*** from Looking Glass Productions. Unfortunately, live streaming of the competition is not available for this event. ***Information on how to access your videos will be sent out approximately one week after the competition.***

If you have any questions, you can reach Looking Glass Productions directly through their website:

<https://figureskate.video>

Note, per U.S. Figure Skating policy, photographing and/or recording of anyone other than your own skater is strictly prohibited. That photo/video policy can be found [here](#).

ACCOMMODATIONS:

Holiday Inn Express, 6119 Farrington Rd, Chapel Hill, NC (919) 489-7555

Hampton Inn, 1542 N Gregson St, Durham, NC (919) 688-8880 (I-85 and Gregson Street)

Spring Hill Suites by Marriott, 5310 McFarland Drive, Durham, NC - (919) 403-1111 (I-40 at exit 270)

Homewood Suites by Hilton, 3600 Mount Moriah Road, Durham, NC 27707 - (800) 491-1470 (I-40 at exit 270)
(doubles and kings available)

CONTACT INFORMATION:

[Competition Website](#)

For questions, please contact the following individuals:

Competition Co-Chair:	Laura Grieme-Meinecke	isk8nyc@yahoo.com	919-448-6564
Competition Co-Chair:	Li Qian	lqian1979@gmail.com	919-962-0340
Additional Contact:	Moira Smullen	moira@marshallresources.com	919-598-7562
Chief Referee:	Bradley Vaughn	bradvaughn1@yahoo.com	336-851-6711